

Colac Level 1 Sports Trainer & Level 1 & 2 Re-Accreditation Courses

Level 1 Sports Trainer Course

Course Number 31018
Sunday March 14th & Sunday March 21st
9:00am - 5:00pm both days
Corio Bay Sports Medicine Centre
26 Miller Street, Colac
Cost: \$185

Re-Accreditation Course

Course Number 31017R
Sunday March 21st
5:00pm - 6:30pm
Corio Bay Sports Medicine Centre
26 Miller Street, Colac
Cost: \$90

Level 1 Sports Trainer

This course will recognise you as a nationally accredited sports trainer, providing skills on how to prevent and manage injuries on and off the sporting field. National accreditation from this 16 hour course is the standard requirement to work as a sports trainer in many of the country's sporting codes. Learn from skilled presenters on the topics of:

- Preventing sports injuries
- Principles of injury management
 - Sports taping
 - Sports nutrition
- Transporting the injured athlete
- Common sporting illnesses, injuries and medical conditions

Level 1 & 2 Re-Accreditation

The re-accreditation program is a competency based assessment where you will be required to demonstrate a range of key sports trainer skills. (Please note you will not be re-taught the entire Level 1 Sports Trainer program as part of the re-accreditation process)

Frequently Asked Questions

Why become a SMA Level 1 Sports Trainer?

The Sports Trainer plays an important role in ensuring the safety of participants at sporting clubs. Being a Level 1 Sports Trainer also provides an opportunity to follow a pathway to advance skills as a Level 2 Sports Trainer and qualify to become a Sports Medicine Australia Sports Trainer Member.

Are there any pre-requisites?

Yes. A current First Aid Certificate or a current SMA Sports First Aid Accreditation must be provided to SMA in order to receive accreditation as a Level 1 Sports Trainer. This should be sent or faxed to SMA prior to attending the course. (However if this is not possible SMA should be notified in advance and it may be possible to forward this information after completing the course)

What are the course outcomes?

Successful completion of the Level 1 Sports Trainer course provides an opportunity for participants to become a SMA Nationally Accredited Sports Trainer. The Level 1 Sports Trainer is the standard required to perform the duties of a sports trainer in most of Australia's major sporting codes.

Please contact Sports Medicine Australia on 9674 8777 or email ssp@vic.sma.org.au if you require any further information regarding any of these courses

ENROLMENT FORM

Title (circle) Mr Mrs Miss Ms Dr _____ Name _____

Address _____

Suburb _____ P/Code _____

Contact Phone _____

Email _____

Course Number _____ Course Type _____

Payment Details (all prices include GST)

I will direct deposit \$ _____ on the following date _____

Enclosed is my cheque for \$ _____ (payable to SMA - Victorian Branch)

Please debit \$ _____ From: MasterCard VISA

Card Number _____

Card Expiry Date _____ / _____

Name (as it appears on the card) _____

Signature _____

Sports Medicine Australia - Victorian Branch

Sports House, 375 Albert Road, South Melbourne 3205

Phone: 03 9674 8777 Fax: 03 9674 8799

Email: ssp@vic.sma.org.au

ABN:13 821 409 176

Direct Deposit: **Acc Name** - Sports Medicine Australia - Victorian Branch **BSB** - 013-030

Acc Number - 1003-58763 please use 'surname_course no' as your transaction reference & email the remittance advice to ssp@vic.sma.org.au

Refund Policy - Refunds will be provided in accordance with the SMA Refund Policy. See SMA VIC Code of Practice below.

How did you hear about SMA courses? SMA-VIC Website Eflash Club/Organisation

Facebook sportspeople.com.au Other _____

Please make cheques payable to "Sports Medicine Australia - Victorian Branch" and send to:

Sports Medicine Australia
375 Albert Road,
South Melbourne,
VIC 3205

p- 03 9674 8777

f- 03 9674 8799

e- ssp@vic.sma.org.au