



## January - June 2010 Level 2 Sports Trainer Modules

### Advanced Sports Taping

Course Number 31012M  
Saturday February 27th, 9:00am - 12:00pm  
State Netball and Hockey Centre, Brens Drive, Parkville

Course Number 31001M  
Wednesday March 17th, 6:30pm - 9:30pm  
Sports House, 375 Albert Road, South Melbourne

Course Number 31004M  
Wednesday April 14th, 6:30pm - 9:30pm  
Mordialloc Life Saving Club, Beach Road, Mordialloc

Course Number 31002M  
Wednesday May 12th, 6:30pm - 9:30pm  
Sports House, 375 Albert Road, South Melbourne

Course Number 31003M  
Wednesday June 17th, 6:30 - 9:30pm  
Hoppers Crossing Physio Clinic, 171 Heaths Road,  
Hoppers Crossing

**Cost: \$90**

### Emergency Asthma Management

Course Number 31008M  
Wednesday April 21st, 6:30pm - 9:30pm  
Sports House, 375 Albert Road, South Melbourne

Course Number 31009M  
Wednesday June 23rd, 6:30 - 9:30pm  
EFL House, 256 Scoresby Road, Boronia

**Cost: \$55**

### Spinal Injury Management

Course Number 31014M  
Sunday February 28th, 9:00am - 1:00pm  
State Netball and Hockey Centre, Brens Drive,  
Parkville

Course Number 31010M  
Wednesday May 19th, 6:30pm - 10:00pm  
Sports House, 375 Albert Road, South Melbourne

**Cost: \$125**

This course is run in conjunction with Life Saving Victoria

### Introductory Sports Massage

Course Number 31013M  
Saturday February 28th, 12:30pm - 5:30pm  
State Netball and Hockey Centre, Brens Drive,  
Parkville

Course Number 31006M  
Sunday March 14th, 9:00am - 2:30pm  
Sports House, 375 Albert Road, South Melbourne

Course Number 31007M  
Sunday May 23rd, 9:00am - 2:30pm  
EFL House, 256 Scoresby Road, Boronia

**Cost: \$125**

**SMA can also deliver these courses specifically  
to your club, association or school.**

**For further information regarding any of these  
courses please contact SMA on 9674 8777 or  
email [ssp@vic.sma.org.au](mailto:ssp@vic.sma.org.au)**



### Advanced Sports Taping

Gain hands on experience of advanced taping/strapping techniques from some of the leading physiotherapists and taping experts working in Australian sport. This course builds on the basic taping skills learnt in the Level 1 Sports Trainer course. It is recommended that all participants have completed a Level 1 Sports Trainer course prior to attending.

### Introductory Sports Massage

This course provides an introduction to the theory and practical application of sports and remedial massage. The course covers:

- The benefits of massage and different massage techniques
- The benefits of massage in athletic preparation and recovery
- Injury management and rehabilitation

### Spinal Injury Management

This course will teach the acute management of spinal injuries. Experts in the field will cover the following topics in a theoretical and practical setting:

- Background to spinal cord injury
- Treatment of spinal cord injury
- Transporting the spinal patient
- Spinal transport equipment

### Emergency Asthma Management in Sport

Delivered together with the Asthma Foundation of Victoria, this course will increase your knowledge of asthma management within the sporting environment. This course will cover:

- The standardised emergency management protocols for treating an asthma attack
  - Asthma medication and sport
- The Bronchodilator Accreditation Number (BAN) system

**For further information regarding any of the Level 2 Sports Trainer modules please contact SMA on 9674 8777 or email [ssp@vic.sma.org.au](mailto:ssp@vic.sma.org.au)**

## ENROLMENT FORM

Title (circle) Mr Mrs Miss Ms Dr \_\_\_\_\_ Name \_\_\_\_\_

Address \_\_\_\_\_

Suburb \_\_\_\_\_ P/Code \_\_\_\_\_

Contact Phone \_\_\_\_\_

Email \_\_\_\_\_

Course Number \_\_\_\_\_ Course Type \_\_\_\_\_

Payment Details (all prices include GST)

I will direct deposit \$ \_\_\_\_\_ on the following date \_\_\_\_\_

Enclosed is my cheque for \$ \_\_\_\_\_ (payable to SMA - Victorian Branch)

Please debit \$ \_\_\_\_\_ From:  MasterCard  VISA

Card Number \_\_\_\_\_

Card Expiry Date \_\_\_\_\_ / \_\_\_\_\_

Name (as it appears on the card) \_\_\_\_\_

Signature \_\_\_\_\_

**Sports Medicine Australia - Victorian Branch**  
**Sports House, 375 Albert Road, South Melbourne 3205**

Phone: 03 9674 8777 Fax: 03 9674 8799  
Email: [ssp@vic.sma.org.au](mailto:ssp@vic.sma.org.au)  
ABN:13 821 409 176

Direct Deposit: **Acc Name** - Sports Medicine Australia - Victorian Branch **BSB** - 013-030

**Acc Number** - 1003-58763 please use 'surname\_course no' as your transaction reference & email the remittance advice to [ssp@vic.sma.org.au](mailto:ssp@vic.sma.org.au)

Refund Policy - Refunds will be provided in accordance with the SMA Refund Policy. See SMA VIC Code of Practice below.



Please ensure payment is received prior to the course commencement date. Participants turning up on the day without enrolling beforehand may be turned away.

Please make cheques payable to:  
**"Sports Medicine Australia Victoria Branch"**  
or fill in credit card details and return to:  
Sports Medicine Australia,  
375 Albert Road,  
South Melbourne, VIC 3205  
Email: [ssp@vic.sma.org.au](mailto:ssp@vic.sma.org.au)