



# Gippsland Level 1 Sports Trainer & Sports Trainer Re-accreditation

## Level 1 Sports Trainer Course\*

Course Number 31023  
Sunday March 14th & Sunday March 21st  
9:00am - 5:00pm both days  
Morwell Football Club, Travis Street, Morwell  
Cost: \$195

This course will recognise you as a nationally accredited sports trainer, providing skills on how to prevent and manage injuries on and off the sporting field. National accreditation from this 16 hour course is the standard requirement to work as a sports trainer in many of the country's sporting codes. Learn from skilled presenters on the topics of:

- Preventing sports injuries
- Principles of injury management
  - Sports taping
  - Sports nutrition
- Transporting the injured athlete
- Common sporting illnesses, injuries and medical conditions

## Sports Trainer Re-Accreditation Course\*

Course Number 31013R  
Sunday March 14th  
10:00am - 1:00pm  
Morwell Football Club, Travis Street, Morwell  
Cost: \$90

\*These courses are run in conjunction with the Gippsland Sports Trainers Association



## Frequently Asked Questions

### Why become a SMA Level 1 Sports Trainer?

The Sports Trainer plays an important role in ensuring the safety of participants at sporting clubs. Being a Level 1 Sports Trainer also provides an opportunity to follow a pathway to advance your skills as a Level 2 Sports Trainer and qualify as a Sports Medicine Australia Sports Trainer Member.

### Are there any pre-requisites?

Yes. A current first aid certificate or a current SMA Sports First Aid Accreditation must be provided to SMA in order to receive accreditation as a Level 1 Sports Trainer. This should be sent or faxed to SMA prior to attending the course. (However if this is not possible, SMA should be notified in advance and it may be possible to forward this information after completing the course)

### What are the course outcomes?

Successful completion of the Level 1 Sports Trainer course provides an opportunity for participants to become a SMA Nationally Accredited Sports Trainer. The Level 1 Sports Trainer is the standard required to perform the duties of a sports trainer in most of Australia's major sporting codes.

Please contact Sports Medicine Australia on 9674 8777 or email [ssp@vic.sma.org.au](mailto:ssp@vic.sma.org.au) if you require any further information regarding these courses

## ENROLMENT FORM

Title (circle) Mr Mrs Miss Ms Dr Name \_\_\_\_\_

Address \_\_\_\_\_

Suburb \_\_\_\_\_ P/Code \_\_\_\_\_

Contact Phone \_\_\_\_\_

Email \_\_\_\_\_

Course Number \_\_\_\_\_ Course Type \_\_\_\_\_

Payment Details (all prices include GST)

I will direct deposit \$ \_\_\_\_\_ on the following date \_\_\_\_\_

Enclosed is my cheque for \$ \_\_\_\_\_ (payable to SMA - Victorian Branch)

Please debit \$ \_\_\_\_\_ From :  MasterCard  VISA

Card Number \_\_\_\_\_

Card Expiry Date \_\_\_\_ / \_\_\_\_

Name (as it appears on the card) \_\_\_\_\_

Signature \_\_\_\_\_

**Sports Medicine Australia - Victorian Branch**

**Sports House, 375 Albert Road, South Melbourne 3205**

Phone: 03 9674 8777 Fax: 03 9674 8799

Email: [ssp@vic.sma.org.au](mailto:ssp@vic.sma.org.au)

ABN:13 821 409 176

Direct Deposit: **Acc Name** - Sports Medicine Australia - Victorian Branch **BSB** - 013-030

**Acc Number** - 1003-58763 please use 'surname\_course no' as your transaction reference & email the remittance advice to [ssp@vic.sma.org.au](mailto:ssp@vic.sma.org.au)

Refund Policy - Refunds will be provided in accordance with the SMA Refund Policy. See SMA VIC Code of Practice below.

How did you hear about SMA courses?  SMA-VIC Website  Eflash  Club/Organisation

Facebook  [sportspeople.com.au](http://sportspeople.com.au)  Other \_\_\_\_\_



Please make cheques payable to Sports Medicine Australia - Victorian Branch and send to:

Sports Medicine Australia  
375 Albert Road, South  
Melbourne, VIC 3205

Phone: 9674 8777,  
Fax: 9674 8799,  
email [ssp@vic.sma.org.au](mailto:ssp@vic.sma.org.au)