



Job Description

Position Title	Head Trainer
Reports To	High Performance Coach, Physical Preparation Coach, Performance Dietician, Physiotherapists
Department	High Performance Unit
Classification	Full time - Permanent



Position: Head Trainer

Level:

Overview of Role

The Essendon Football Club has a reputation as a leader in the AFL industry. Success, Professionalism, Community and Tradition are the foundations upon which our club is built both on and off the field. Underpinning these pillars are our values and behaviours that all staff are expected to follow to ensure a progressive and supportive work environment.

The High Performance Unit is responsible for the delivery of physical preparation services to players of the Essendon Football Club. The position of Head Trainer, within the High Performance Unit, will assist the Physical Preparation and Physiotherapy staff in the delivery of world class physical preparation programs at Essendon Football Club.

Salary is negotiable dependant on experience and qualifications.

Key Relationships

Reports to: High Performance Coach/Physical Preparation Coach/Performance Dietician/Physiotherapy & Medical Staff

Other Key Relationships:

- EFC Coaching Staff
- EFC Players
- Other EFC staff



Selection Criteria	<p>Responsibilities:</p> <p>The Head Trainer will perform or assist with the following tasks:</p> <ul style="list-style-type: none">• Pre training and pre match taping• Pre training, pre match and recovery massage• Treatment protocols as directed by the club Physiotherapists• Co-ordination of rosters for trainers, masseurs and myotherapists• Provide a link between full time Football Dept and part time training staff• Integration of part time trainers into the elite physical preparation environment• Ordering and stock control of medical and related supplies• Development of ongoing professional development for part time training staff• Other duties as required <p>It is expected that the successful applicant participate in internal and external professional development activities and demonstrates a commitment to undertake ongoing formal education programs.</p>
Qualifications	<p>Essential :</p> <ul style="list-style-type: none">• Current CPR Certification• Current Sports Medicine Australia Sports First Aid (Level 2/Senior First Aid)• Level 2 Sports Trainer (or capacity to obtain with 6 months) <p>Desirable:</p> <ul style="list-style-type: none">• Undergraduate degree in Sport/Exercise Science or similar• Appropriate sports massage qualification



Experience	<ul style="list-style-type: none">• Experience performing basic upper and lower limb taping• Experience providing pre event and recovery massage to athletes• Experience working with elite level team sport athletes• Experience in applying evidence based practice
Personal Qualities and Skills	<ul style="list-style-type: none">• Ability to work within a team environment• Capacity to delegate tasks and provide direction to part time training staff• Ability to work under pressure• Highly developed time management abilities• Desire for continuous improvement• Excellent written and verbal communication skills

Application Process

Applications in writing addressing the selection criteria and outlining specific qualifications and relevant experience must be received by 5pm Friday 9/10/09. Please attach a detailed CV including at least 2 referees.

Applications may be submitted electronically to:

scormack@essendonfc.com.au

or by mail to:

Dr Stuart Cormack
High Performance Coach
Essendon Football Club
PO Box 17
Essendon 3040