

Sports First Aid

Course Number 31021F

Sunday March 14th, 9:00am-5:00pm

GV Umpires Rooms, Packham Street, Shepparton

Cost: \$160

Level 1 Sports Trainer Course

Course Number 31022

Sunday March 21st & Sunday March 28th, 9:00am-5:00pm

GV Umpires Rooms, Packham Street, Shepparton

Cost: \$220

This course will recognise you as a nationally accredited sports trainer, providing skills on how to prevent and manage injuries on and off the sporting field. National accreditation from this 16 hour course is the standard requirement to work as a sports trainer in many of the country's sporting codes.

Learn from skilled presenters on the topics of:

- Preventing sports injuries
- Principles of injury management
 - Sports taping
 - Sports nutrition
- Transporting the injured athlete
- Common sporting illnesses, injuries and medical conditions

Level 1 & 2 Re-Accreditation Course

Course Number 31011R

Sunday March 28th, 5:00pm-7:00pm

GV Umpires Rooms, Packham Street, Shepparton

Cost: \$110

Advanced Sports Taping

Course Number 31026M

Sunday April 11th, 9:00am-12:00pm

GV Umpires Rooms, Packham Street, Shepparton

Cost: \$90

Introduction to Sports Massage

Course Number 31027M

Sunday April 11th, 12:30pm-5:00pm

GV Umpires Rooms, Packham Street, Shepparton

Cost: \$115

Frequently Asked Questions

Why become a SMA Level 1 Sports Trainer?

The Sports Trainer plays an important role in ensuring the safety of participants at sporting clubs. Being a Level 1 Sports Trainer also provides an opportunity to follow a pathway to advanced skills as a Level 2 Sports Trainer and to qualify to become a Sports Medicine Australia Sports Trainer Member.

Are there any pre-requisites?

Yes. A current first aid certificate or a current SMA Sports First Aid Accreditation must be provided to SMA in order to receive accreditation as a Level 1 Sports Trainer. These should be sent or faxed to SMA prior to attending the course. (However if this is not possible SMA should be notified in advance and it may be possible to forward this information after completing the course)

What are the course outcomes?

Successful completion of the Level 1 Sports Trainer course provides an opportunity for participants to become a SMA Nationally Accredited Sports Trainer. The Level 1 Sports Trainer is the standard required to perform the duties of a sports trainer in most of Australia's major sporting codes.

Please contact Sports Medicine Australia on 9674 8777 or email ssp@vic.sma.org.au if you require any further information regarding any of these courses

ENROLMENT FORM

Title (circle) Mr Mrs Miss Ms Dr _____ Name _____

Address _____

Suburb _____ P/Code _____

Contact Phone _____

Email _____

Course Number _____ Course Type _____

Payment Details (all prices include GST)

- I will direct deposit \$ _____ on the following date _____
 Enclosed is my cheque for \$ _____ (payable to SMA - Victorian Branch)
 Please debit \$ _____ From : MasterCard VISA

Card Number _____

Card Expiry Date _____ / _____

Name (as it appears on the card) _____

Signature _____

Sports Medicine Australia - Victorian Branch
Sports House, 375 Albert Road, South Melbourne 3205
Phone: 03 9674 8777 Fax: 03 9674 8799
Email: ssp@vic.sma.org.au
ABN:13 821 409 176

Direct Deposit: **Acc Name** - Sports Medicine Australia - Victorian Branch **BSB** - 013-030
Acc Number - 1003-58763 please use 'surname_course no' as your transaction reference & email the remittance advice to ssp@vic.sma.org.au

Refund Policy - Refunds will be provided in accordance with the SMA Refund Policy. See SMA VIC Code of Practice below.

How did you hear about SMA courses? SMA-VIC Website Eflash Club/Organisation
 Facebook sportspeople.com.au Other _____



Please make cheques payable to "Valley Sport" and send to:

Valley Sport
Shepparton Sports Stadium,
120 Numurkah Road, Shepparton, VIC 3630

Phone: 5831 8456 ,
Fax: 5831 2597,
email: david@valleysport.net.au