

Level 1 Sports Trainer Course

Course Number: 31017

Sunday March 28 & Sunday April 11, 9:00am - 5:00pm both days

Horsham Fire Station, 35 Hamilton Street, Horsham

Cost: \$185

Sports Trainer Re-Accreditation Course

Course Number: 31012R

Sunday April 11th, 5:00pm - 6:30pm

Horsham Fire Station, 35 Hamilton Street, Horsham

Cost: \$90

Spinal Injury Management

Course Number: 31018M

Sunday May 2nd, 9:00am - 1:00pm

Horsham Fire Station, 35 Hamilton Street, Horsham

Cost: \$110

Concussion Management

Course Number: 31009M

Sunday May 2nd, 1:30pm - 3:00pm

Horsham Fire Station, 35 Hamilton Street, Horsham

Cost: \$45

Emergency Asthma Management

Course Number: 31020M

Monday June 21, 5:30pm - 8:30pm

Horsham Fire Station, 35 Hamilton Street, Horsham

Cost: \$55

CPR Update

Course Number: 31056FC

Sunday May 2nd, 3:00pm-5:00pm

Horsham Fire Station, 35 Hamilton Street, Horsham

Cost: \$50

For further information regarding any of the above courses please contact
Wimmera Regional Sports Assembly or Sports Medicine Australia

Level 1 Sports Trainer Course Information

This course will recognise you as a nationally accredited sports trainer, providing skills on how to prevent and manage injuries on and off the sporting field. National accreditation from this 16 hour course is the standard requirement to work as a sports trainer in many of the country's sporting codes. Learn from skilled presenters on the topics of:

- Preventing sports injuries
- Principles of injury management
 - Sports taping
 - Sports nutrition
- Transporting the injured athlete
- Common sporting illnesses, injuries and medical conditions

Please contact Wimmera Regional Sports Assembly or SMA if you require any further information regarding any of these courses:

Wimmera Regional Sports Assembly:
03 5382 4599 or e: ceo@wrsa.org.au
SMA: 03 9674 8777 or e: ssp@vic.sma.org.au

Frequently Asked Questions

Why become an SMA Level 1 Sports Trainer?

The Sports Trainer plays an important role in ensuring the safety of participants at sporting clubs. Being a Level 1 Sports Trainer also provides an opportunity to follow a pathway to advanced skills as a Level 2 Sports Trainer and to qualify to become a Sports Medicine Australia Sports Trainer Member.

Are there any pre-requisites?

Yes. A current first aid certificate or a current SMA Sports First Aid Accreditation must be provided to SMA in order to receive accreditation as a Level 1 Sports Trainer. These should be sent or faxed to SMA prior to attending the course. (However if this is not possible SMA should be notified in advance and it may be possible to forward this information after completing the course).

What are the course outcomes?

Successful completion of the Level 1 Sports Trainer course provides an opportunity for participants to become a SMA Nationally accredited Sports Trainer. This is the standard required to perform the duties of a sports trainer in most of Australia's major sporting codes.

ENROLMENT FORM

Title (circle) Mr Mrs Miss Ms Dr _____ Name _____

Address _____

Suburb _____ P/Code _____

Contact Phone _____

Email _____

Course Number _____ Course Type _____

Payment Details (all prices include GST)

I will direct deposit \$ _____ on the following date _____

Enclosed is my cheque for \$ _____ (payable to SMA - Victorian Branch)

Please debit \$ _____ From: MasterCard VISA

Card Number _____

Card Expiry Date ____ / ____

Name (as it appears on the card) _____

Signature _____

Phone: 03 9674 8777 Fax: 03 9674 8799

Email: ssp@vic.sma.org.au

Sports Medicine Australia - Victorian Branch
Sports House, 375 Albert Road, South Melbourne 3205 ABN:13 821 409 176

Direct Deposit: **Acc Name** - Sports Medicine Australia - Victorian Branch **BSB** - 013-030

Acc Number - 1003-58763 please use 'surname_course no' as your transaction reference & email the remittance advice to ssp@vic.sma.org.au

Refund Policy - Refunds will be provided in accordance with the SMA Refund Policy. See SMA VIC Code of Practice below.

Please make cheques payable to
"Sports Medicine Australia"
and send to:

Wimmera Regional Sports
Assembly
PO Box 116, Horsham 3402
Attn: David Berry
p: 03 5382 4599
f: 03 5382 4801
e: ceo@wrsa.org.au